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The Heart of the Hero: Your Inner Guide to Personal Transformation (Paperback)

By Stephen Linsteadt

Natural Healing House Press, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.The Heart of the Hero shows readers how to ask their heart for guidance during periods of emotional unrest and uncertainty. It is based on sacred geometry, synchronicity, quantum physics, the Quantum Healing Codes, and the heart's connection to number as the pervasive language of the Universe. In addition to being a practical self-help tool, this book examines the universal and archetypal nature of our troubles and places them within geometric patterns so readers can better understand the evolutionary motivations of such challenges. Linsteadt skillfully and masterfully interweaves complex subject matters about existence, psychology, mythology, healing, astrology, and science with personal stories, case studies, and examples teaching us how everything is connected. He is a true guide, healer and mystic helping us in our own evolution. His ability to invent Scalar Hear Connection, a brilliant healing method that combines intuition, numbers, quantum sounds, and the knowledge of the chakras, is masterfully explained.



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