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Make Mead Like a Viking: Traditional Techniques for Brewing Natural, Wild-Fermented, Honey-Based Wines and Beers (Paperback)

By Jereme Zimmerman

Chelsea Green Publishing Co, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book. A complete guide to using the best ingredients and minimal equipment to create fun and flavorful brews Ancient societies brewed flavorful and healing meads, ales, and wines for millennia using only intuition, storytelling, and knowledge passed down through generations--no fancy, expensive equipment or degrees in chemistry needed. In Make Mead Like a Viking, homesteader, fermentation enthusiast, and self-described Appalachian Yeti Viking Jereme Zimmerman summons the bryggjemann of the ancient Norse to demonstrate how homebrewing mead--arguably the world's oldest fermented alcoholic beverage--can be not only uncomplicated but fun. Armed with wild-yeast-bearing totem sticks, readers will learn techniques for brewing sweet, semi-sweet, and dry meads, melomels (fruit meads), metheglins (spiced meads), Ethiopian t ej, flower and herbal meads, braggots, honey beers, country wines, and even Viking grog, opening the Mead Hall doors to further experimentation in fermentation and flavor. In addition, aspiring Vikings will explore: - The importance of local and unpasteurized honey for both flavor and health benefits; - Why modern homebrewing practices, materials, and chemicals work but aren't necessary; - How to grow and harvest herbs and collect wild botanicals for use...



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Reviews

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I just started looking over this ebook. It is actually rally fascinating through reading period of time. You wont really feel monotony at anytime of your time (that's what catalogues are for about when you request me).

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