



## The Principles of Spiritualism (Paperback)

By Sandra Grufferty

Lulu.com, 2018. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. As a holistic health practitioner, balance of the mind, the body and spirit is important for ourselves and those we touch upon. This, my second book, makes reference to The Seven Principles Of Spiritualism, and how I try to use them in my daily life. It is not always easy to maintain the faith, trust and love when life s challenges slap us in the face. As long as we keep trying to do the right thing, that is what counts! Choose to be mindful and live in the moment. Planning for the future with the knowledge that sometimes the universe may grant the future with a twist. We may get what we planned for in a different way! In reality, all we have is the present moment. A present from the universal creator, who many refer to as God. I hope this book inspires and helps people become the best they can be and creates a sense of peace, connection and love, within and upon those they touch upon.

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